

EMERGENCY KIT SUGGESTIONS



IT MAY NEVER HAPPEN, BUT ...



Self-help Emergency Guidelines

Bawdsey & Alderton

Following the recommendations of the Civil Contingencies Act, Bawdsey and Alderton Parish Councils have been considering how the villages could respond to Emergencies and have established an Emergency Team to help in such cases.

The most likely emergencies are:

- **EXTENDED POWER FAILURE**
- **ROAD CLOSURES (from storm, snow or flood)**
- **SEA FLOODING**

but other emergencies, including unforeseen ones, are always a possibility.

The best advice is

BE PREPARED

If you are in immediate danger,
If life is threatened, people are injured or
immediate action is required

RING 999

Local Emergency Team Telephone Number:
01394 ?????? (active during emergencies only)

SAFE HAVENS

The Village Halls will be opened for use as **SAFE HAVENS** and **REST CENTRES** in the event of:

- an extended power outage or
- any other emergency where residents need to evacuate their homes.

EVACUATION

If you have to leave your home, turn off services, lock up securely and take essentials: warm clothing, blankets, address book, house and car keys, prescription medicines, glasses/contact lenses, hearing aid, insurance documents, etc.

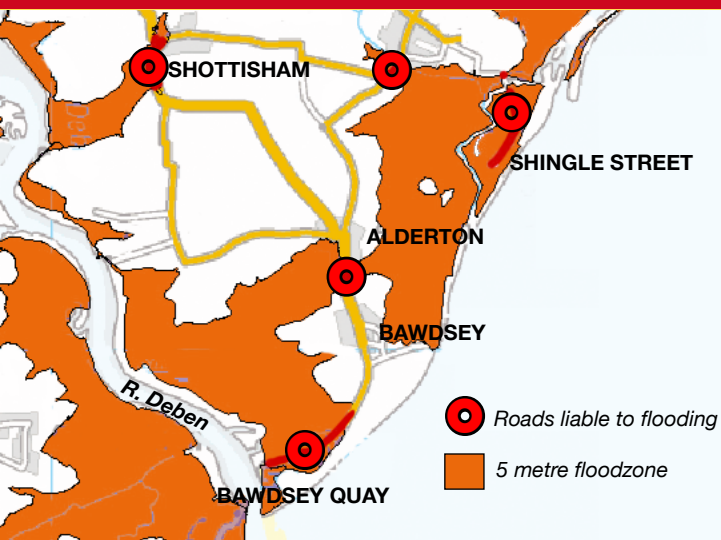
LET PEOPLE KNOW IF YOU LEAVE

During severe weather, high winds, flooding, nuclear accident, chemical spillage, **THE BEST ADVICE** is:

GO IN • STAY IN • TUNE IN

- Go indoors.
- Close doors and windows.
- If possible, tune into local radio/TV to find out what is happening.
- Check your emergency kit.
- Stay indoors until you know more about the situation and can judge the appropriate action to take.
- Do not attempt to walk or drive through any floodwater.
- Keep your mobile phones charged.
- It is possible that mobile phones may stop working. Remember that landline phones plugged directly into the phone point will continue to operate in power outages.
- Limit phone calls - it keeps lines free. Someone may be trying to contact you.

KEEP IN TOUCH WITH YOUR NEIGHBOURS CONTACT THE ELDERLY AND THOSE LIVING ALONE



BE PREPARED

- THINK AHEAD
- TAKE TIME TO THINK WHAT YOU WOULD DO IN VARIOUS EMERGENCY SITUATIONS.
- REGISTER WITH FLOODLINE TO RECEIVE WARNINGS OF FLOODING.
- DRAW UP A PERSONAL EMERGENCY PLAN.
- DECIDE HOW YOU WILL PREPARE FOOD AND KEEP WARM WITHOUT ELECTRICITY.
- DECIDE HOW YOU WILL KEEP CONTACT WITH OTHERS.
- THINK HOW BEST TO PROTECT YOUR HOME FROM DAMAGE.
- CONSIDER YOUR NEIGHBOURS, THE ELDERLY AND VULNERABLE.

EMERGENCY CONTACTS

Emergency Services	999 (Police, Fire, Ambulance or Coastguard)
Suffolk Police (non-emergency)	101
Suffolk Fire & Rescue Service (non-emergency)	01473 260588
Environment Agency (floodline)	03459 881188
Weather forecasts	0870 900 0100
Electricity failure	0800 7838838
Telephone failure	0800 800151
Water supply failure, sewage & drainage problems	08457 145145 or 01502 572406 (Anglian Water)
Tidal Flooding	999 for rescue or coastguard
Road accident/ chemical spillage	999
Road blockage	01728 403006 (Suffolk Highways)
Doctor, Peninsula Practice	01394 411641
NHS Direct	0845 4647 for medical advice
Doctor out of hours	0300 130 3066
BBC Radio Suffolk	103.9 MHz and 95.5 MHz FM (tune your radio to FM)
Bawdsey School	01394 411365

USEFUL WEBSITES

The Environment Agency	www.environment-agency.gov.uk
British Red Cross	www.redcross.org.uk
Bawdsey web site	www.bawdsey.onesuffolk.net

FLOODING

REGISTER WITH FLOODLINE:

08459 881 188

for flood warnings by email, landline, telephone, mobile or text

Coastal Quick Dial Numbers:

Ring 03459 881 188. When prompted enter 114570 (for Orfordness to Bawdsey) or 114615 (for Bawdsey Quay).

It may be impossible to leave or reach your area. Roads liable to flooding are (see map, left):

Bawdsey Quay to Ferry Cottages; Bawdsey/Alderton at Stangrove Farm; Black Ditch Bridge, Hollesley; Road to Shingle Street; The Bridge, Shottisham.