

What's On ~ September 2019

- 01/09** Work Day – 10.00am, Recreation Ground
03/09 Craft Group – Crazy Patchwork Coasters, 7.30pm, the Hall
05/09 Coffee & Chat – 10.30am, the Hall
05/09 Knit & Natter – 1.30-3.00pm, The Swan, Alderton
07/09 Breakfast at Sutton Memorial Hall – 9.30am, book with Sue 411793
07/09 James Mallinder, East Suffolk Councillor, Surgery – 11.00am-Noon, the Hall
07/09 Boyton Fete – 1.00-4.00pm, Village Hall
08/09 Car Boot Sale – 10.00am, Suffolk Punch Trust, £5 per car
09/09 Village Hall & Recreation Ground Committee Meeting – 7.30pm, the Hall
10/09 Meet & Greet – 10.30am, Glebe Residential Home, Hollesley
12/09 OAP Lunch – Noon, Bawdsey School. Please pre-book on 411365
12/09 St Mary's PCC Meeting – 7.00pm, 4 Eastfields
14/09 St Mary's Working Party – 10.00am, refreshments available
14/09 Quiz & Supper – £7.50 each, max 6 per team, 7.00pm, Alderton Village Hall.
 Contact Ruth or Joy on 07984 436028 to book
15/09 Tea on the Beach – Noon-4.00pm, The Shingle House, Shingle Street
17/09 Chair Based Exercises – 10.30am, the Hall (weekly through to December)
17/09 Craft Group – Silver Clay, 7.30pm, the Hall
19/09 Parish Council Meeting – 7.00pm, the Hall
20/09 Fashion Show – In aid of Blossom Appeal, 7.00pm, Sutton Memorial Hall
21/09 Bawdsey Market – 2.00-4.00pm, the Hall
25/09 Macmillan Coffee Morning – 10.00am-11.30am, Alderton Swan.
27/09 Macmillan Coffee & Open Afternoon – Bawdsey Primary School
 The Hall" – Village Hall, Bawdsey
Deben Ferry Every day 10.00am-5.00pm
Boathouse Café Open Thursdays – Mondays, 11.00am-5.00pm
Radar Museum Wednesday/Thursday/Sunday 11.00am-4.00pm
Mobile Grocer Every Tuesday, 1.45-2.15pm, the Village Hall ***Not 10th or 17th***
Mobile Post Office Every Thursday, 1.15-3.15pm, Alderton Village Hall Car Park
Shelby's, Warren Hill Weekdays 8.00am-4.00pm/Weekends 8.30am-3.00pm
Poppies, Sutton Heath Monday-Friday, 9.00am-1.30pm
Suffolk Punch Trust Open Friday - Monday, 10.30am-4.30pm
Woodbridge & District Safer Neighbourhood Team www.suffolkpolice.uk, email woodbridge.snt@suffolk.pnn.police.uk. Dial 101 when less urgent than 999

SEPTEMBER CHURCH SERVICES

	Alderton	Bawdsey	Ramsholt
1	8.00am Holy Communion 3.00pm Songs of Praise		
8	8.00am Holy Communion	11.00am Holy Communion	11.00am Matins
15	8.00am Holy Communion		
22		11.00am Morning Praise	11.00am Holy Communion
29	11.00am, Team Eucharist, Tunstall		

Also Morning Prayer - Mondays 9.00am Alderton/Wednesdays 9.30am Bawdsey
 For weddings, baptisms, visits, activities, or to tell us something contact Rev Ruth Hatchett (01394 412052)

Bawdsey Bulletin

September 2019

No. 213

POP-UP-PUB & PAVILION REFURBISHMENT

Thanks to everybody who supported the pop-up-pub on Friday 23 August. The refurbished Pavilion, with new loos, is now ready as a venue for kids parties, etc. Our next pop-up-pub will be on Friday 18 October, 7.00pm, at the Village Hall.

WORK DAY, 10.00AM, SUNDAY 1 SEPTEMBER, RECREATION GROUND

There is some painting to do in the Pavilion and hedges to be cut on the Recreation Ground, and the play area needs to be swept. So please come and help. Many hands ...

CHAIR-BASED EXERCISE COMMUNITY SESSIONS

If you have difficulty standing or walking or just want to join our friendly, welcoming group why not join us for some chair based exercise? These exercises can help strengthen the muscles used in everyday activities for men and women of any age, who feel they have become less active and able to perform basic tasks of daily living such as walking, lifting shopping, gardening, walking the dog, etc.

Learning how to perform these gentle exercises will assist with your mobility, flexibility and so help prevent falls. We've even been Tangoing and Jiving in our chairs!

Sessions will commence on Tuesday 17 September at Bawdsey Village Hall from 10.30am to 11.30am followed by refreshments (small charge). Why not try these safe exercises in a fun, friendly, non-threatening environment led by qualified instructors?

For more details contact Jane on 01394 411373. Places are limited. Please wear comfortable, loose clothing including flat shoes. If you haven't exercised for a while it's advisable to consult your GP.

HARVEST SUPPER – 12 OCTOBER

2 Course Dinner with Sherry, Wine & Coffee
 6:30pm for 7.00pm - 12 October 2019 - Bawdsey Village Hall
 Adults £12 (Under 12s £6)
 Please book tickets in advance from Lydia 411779

Meet Up Mondays 2.00-4.00pm at The Shepherd and Dog, Hollesley

Meet Up Wednesdays 10.00-11.30am at The Swan, Alderton

THE MOBILE SHOP

The Mobile Shop will not be visiting on 10 or 17 September. Sonya and Sheila will return on Tuesday 24 September, 1.45-2.15pm, at the Village Hall.

ST MARY'S CHURCH NOTES

Services – Sunday 8 September 11.00am Holy Communion at St Mary's with Rev'd Ruth; **Sunday 22 September** 11.00am Morning Praise with Joy and team, on the theme of St Mary, the patron saint of our church, and we'll be looking at other Marys in the Bible as well.

Thursday 12 September – PCC meeting at 4 Eastfields, 7.00pm.

Thursday 17 September – Vacancy meeting 7.00pm for Parish Representatives at St Felix Church, Rendlesham.

Thursday 3 October – Section 11 meeting for **all** PCC members at St Felix, Rendlesham, 7.00pm.

Friday 3 October – Joint service with Bawdsey Primary School and the village, Harvest Festival at 2.00pm. Contributions of flowers, food (packets and tins), etc very welcome.

CHURCHARD WORKING PARTY – 14 SEPTEMBER

There are several jobs in Bawdsey Churchyard that need work. If you can help please come along to the Churchyard on:

Saturday 14 September between 10.00am and Noon

Refreshments will be available, since this is also the date of the

Suffolk Churches Ride & Stride

For more information about either event contact Marilyn Turner on 411011

PARISH COUNCIL NEWS

BPC Meeting: A meeting of Bawdsey Parish Council will take place on Thursday 19 September at 7.00pm in the Village Hall. The agenda will be published at least three days before the meeting and all are welcome.

Beach Clean: A beach clean will take place on Sunday 22 September between 10.00am and midday. We will meet up at East Lane car park and tackle part of the beach south of Martello Tower W before taking the coast path towards Shingle Street and cleaning the beach areas on the way. We are aiming to meet up with the Boyton and Hollesley teams at Shingle Street. Please wear sturdy gloves and waterproof shoes if you are joining us. Black bags and some pickers will be available.

DC/18/1311/FUL: Development of 12 houses (8 “affordable” units) below Manor Farm Estate: On Wednesday 11 September Orwell Housing Association is holding a consultation meeting relating to the proposed changes to the above planning application. Parishioners are invited to drop-in to the Village Hall from 3.00-6pm to see the new plans and to give their views on the proposed changes.

East Suffolk District Councillor James Mallinder will be holding a drop-in surgery at the Village Hall on Saturday 7 September from 11.00am-1.00pm. Please drop in to share any concerns you may have. East Suffolk is responsible for Planning, Community Health, Leisure and Tourism, Housing (including benefits and advice) and the Green Environment (including waste management, pollution control, countryside management and car parks).

Citizens Advice: A drop in advice session will take place at Alderton surgery on Thursday 5 September from 10.00am-12.00pm.

THE PENINSULA PRACTICE

Alderton 01394 411641 & Orford 01394 450315 www.thepeninsulapractice.co.uk

DAY	ALDERTON	ORFORD	HOLLESLEY
Monday	8.00am to 2.30pm	8.00am to 6.30pm	1.30pm to 5.30pm
Tuesday	8.00am to 6.30pm	CLOSED	
Wednesday	8.00am to 6.30pm	8.00am to 1.00pm	
Thursday	8.00am to 6.30pm	8.00am to 1.00pm	
Friday	8.00am to 6.30pm	8.00am to 1.00pm	

Please note when a surgery is closed during the day, your call will be automatically transferred to the other site without the need to re-dial.

GP & Staff Meeting Closure Dates Staff Meeting 2 October 13.30 -16.00, telephone calls accepted during this period.

The surgery will be closed on Thursday 11 September at 13.00 for training. Please contact NHS 111 when the Surgery is closed.

Wellbeing & Health Event We are delighted to announce that The Peninsula Practice, in conjunction with our Patient Participation Group, will be hosting a Wellbeing and Health Event on Thursday 10 October at Hollesley Village Hall between 14.00 and 17.30.

Along with the WALK IN FLU CLINIC, there will be a host of interactive stands and information from: Citizens Advice, Physiotherapy, Suffolk Family Carers, Onelife Suffolk, St Elizabeth Hospice, Wellbeing/Shaw Trust, Good Neighbourhood, Social Prescribing, Healthwatch, Compassionate Communities.

PLEASE DO COME ALONG EVERYBODY IS WELCOME

CHARITY FASHION SHOW

In Aid of the Blossom Appeal (Ipswich Hospital)

Friday 20 September ~ Sutton Memorial Hall ~ 7.00pm

Tickets £5 available from Sue on 01394 411793 or Jacki on 01394 411530

Clothes supplied by M&Co Woodbridge

MOBILE POST OFFICE VAN

Every Thursday, 1.15-3.15pm, Alderton Village Hall Car Park

Use it or lose it!!

TEA ON THE BEACH

The Shingle House, South Car Park, Shingle Street

Noon–4.00pm, Sunday 15 September

£5 for tea, coffee, cakes and sandwiches

In aid of conserving the historic environment of the area

If you'd like your Bulletin emailed to you or if you have any future items please email louiselennard127@btinternet.com