

What's on ~ September 2015

- 03/09** Coffee & Chat with Bring-&-Buy + Therese Coffey – 10.30am, the Hall
03/09 Constituency Tour - Therese Coffey MP, outside Village Hall 11.35-11.45am
05/09 Boyton Fete – 1.00p,-4.00pm, Boyton Village Hall
08/09 Craft Group – Getting to know the new sewing machines – 7.3pm, the Hall
09/09 Shottisham WI Talk “Suffolk Air Ambulance” – 2.30pm, Trust Hall
10/09 OAP Lunch – Noon, Bawdsey School. Please pre-book on 411365
12/09 Suffolk Historic Churches Trust – Annual Sponsored Cycle Ride
12-13/09 Transmitter Block Open – 12.30-4.30pm (last opening of the season)
12-13/09 Sutton Church Flower Festival – Theme “Showtime”, 10.00am-4.00pm
15/09 Amenity Meeting – 10.00am, the Hall
17/09 Police Mobile Unit – 8.45-10.15pm, In lay-by near Hall
17/09 Jazz Group – 7.30pm, the Hall
19/09 Bawdsey Market – 2.00-4.00pm, the Hall
19/09 Ramsholt Heritage Day – 11.00am-4.00pm, Dock/Old School/Church
20/09 Village Garage & Car Boot Sale – 10.00am-2.00pm
22/09 Craft Group – Fabric Chickens/Owls – 7.30pm, the Hall
23/09 Parish Council Meeting – 7.00pm, the Hall
24/09 PCC Meeting – 7.30pm, 4 Eastfields
26/09 Time & Tide, Shingle Street – 11.00am-4.00pm, nr Martello Tower
27/09 Knit-in – 2.00-4.00pm, The Anchorage, Bromeswell
27/09 Harvest Festival – 11.00am, St Mary's Church
27/09 Local Film Shows – 7.30pm, Boyton Village Hall
 “The Hall” – Village Hall, Bawdsey
Boathouse Café open seven days a week, 11.00am-5.00pm
Deben Ferry runs daily 10.00am-6.00pm
Suffolk Punch Trust open Wed-Mon 'til 18.09.15 then Fri-Mon, 10.00am-4.00pm
Shelby's Bistro – Warren Hill Visitors Centre, Weekdays 9.00am-3.30pm
Mobile Grocer Every Thurs, 12.15pm-12.45pm, the Village Hall *****NOT 10.09.15*****
Woodbridge & District Safer Neighbourhood Team Tel: 01473 613500, email: woodbridge.snt@suffolk.pnn.police.uk. Dial 101 when less urgent than 999

CHURCH SERVICES

	Alderton	Bawdsey	Ramsholt
6	8.00am Holy Communion		
13	8.00am Holy Communion	11.00am 75th Anniversary of the Battle of Britain Service	11.00am Matins
20	11.00am Holy Communion		
26		9.00am Bawdsey School Harvest Service	
27	8.00am Holy Communion	11.00am Harvest Festival	11.00am Holy Communion

Also Morning Prayer - Mondays 9.00am Alderton/Wednesdays 9.30am Bawdsey
 For weddings, baptisms, visits, activities, or to tell us something – contact Rev Ruth Hatchett (01394 412052)

If you'd like your Bulletin emailed to you or if you have any future items please email louiselennard127@btinternet.com.

Bawdsey Bulletin

September 2015

No. 169

BAWDSEY VILLAGE GARAGE & CAR BOOT SALE Sunday 20 September, 10.00am-2.00pm

£5 house, or boot pitch behind the Village Hall. Proceeds go towards the Bawdsey Amenity Site. Clear out your house/loft/garage, have some fun and make yourself some money in the process. Contact Pat or Rawdon, 01394 411459 before 11 September to appear on the village map. ***Will go ahead whatever the weather!***

BAWDSEY MARKET – SATURDAY 19 SEPTEMBER – 2.00PM-4.00PM

There will be a wide range of quality food including free-range locally produced meat, home-baked bread, single estate olive oil, artisan vinegars, cakes, eggs, vegetables, jams, plants, paintings, greeting cards and refreshments. Our stallholders will be pleased to take orders or provide items to your own requirements – make the most of dealing directly with the producers.

COMMUNAL STALL – CLARIFICATION The communal stall is for Bawdsey residents to sell their surplus fruit, veg, flowers, honey and eggs. Those who wish to sell a larger quantity of garden produce should have their own stall. Because of insurance restrictions goods especially made for the market, such as cake, jam, crafts cannot be sold on this table. However if you wish to sell cooked food items you may do so by having your own stall. **NEW PRODUCERS ARE MOST WELCOME** - have your own stall, £5 per session.

Please note that to sell food products you must comply with SCDC regulations by holding a current Level 2 Award Food Safety Certificate and have registered your kitchen with SCDC for the goods you intend to make and if you make any changes to your range of products, eg from cakes to preserves, you must let them know. Public liability insurance is the individual stallholder's responsibility as it is not covered by the village hall insurance. For further details please contact either Susan Foster or Christine Maul at www.bawdsey.onesuffolk.net

SUFFOLK COASTAL MP, THERESE COFFEY – CONSTITUENCY TOUR

Therese Coffey will be in Bawdsey outside the village hall at 1135am-1145am on Thursday 3 September for local residents to talk to her about any issues they have.

TIME AND TIDE ~ A DAY OF SHINGLE STREET NOSTALGIA

Beach Cafe Serving Tea, Coffee and Cakes ~ Classic Car Display
 Exhibition of Old Photographs ~ BBQ ~ Ice Cream ~ Produce Stall
 Saturday 26 September, 11.00am to 5.00pm ~ Near the Martello Tower

THE MEDIEVAL PORT IN BAWDSEY OR WINE, A WOMAN AND PIRATES

Saturday 31 October 7.30pm in the Village Hall

A talk by Peter Wain about the fascinating history and importance of Bawdsey in the fourteenth century. Admission £3 per person. Refreshments provided. All proceeds will go towards the Amenity Site Project

RAMSHOLT HERITAGE DAY – SATURDAY SEPTEMBER 19 2015

'Ramsholt- A Living Memory'

11.00am to 4.00pm, opening at the Dock, with a talk on the Round Tower - yes, we are round! Then an exhibition on the people who were born, worked and played in Ramsholt - Guess who is in the pictures! Look out for activities for all ages at the Dock. There's also guided walks and talks on nature, the river and history - You can get a leaflet and do them yourself. If walking is difficult, lifts to all sites are available. Visit the Church, listen to talks on the Church and Churchyard. Music starts from 11.30am with Micky's Sea Shanties, followed by a Musical Celebration by Alexander's College, Bawdsey. See Bawdsey School children's wall hanging and come and paint and draw in the Churchyard. At the Old School House, listen to 'Ramsholt - A Living Memory' and enjoy refreshments and a Celebration Tea. Talk to the people who lived there, some still live there today! There will be a Raffle, drawn at 3.30pm. Car parking is available but you could always cycle or use the Community Bus (do book first!). Donations to the Church Tower Fund welcomed.

ST MARY'S CHURCH NOTES

Services - Sunday 13 September Battle of Britain Service, 11.00am at St Mary's (a designated RAF Church for personnel of Bawdsey Manor where the Battle of Britain was assisted by the development of Radar on this site from 1936). It was commemorated here for many years after WW2. This is a revised Service to celebrate the 75th Anniversary of the Battle carried out so heroically by 'the few' over southern Britain in 1940. This is likely to be the last of its kind in this location. Your support will be most appreciated by the Veterans and families that lost relatives in the sorties that won the day.

Sunday 27 September Harvest Festival – Contributions of flowers, fruit and vegetables for decorative display may be placed in the Church on Friday 25 and Saturday 26 September. Dry groceries, tins and non-perishables will again be collected for the Woodbridge Salvation Army for their foodbank project to feed needy families in the area. Harvest Festival Service at 11.00am Sunday 27 September. Bawdsey Primary School will be having their own Service on the Friday in the Church.

Friday 18 September Bistro Church at All Saints, Hollesley from 7.00pm. To book and details ring 410057.

SPONSORED CYCLE RIDE

Saturday 12 September, Suffolk Historic Churches Trust sponsored cycle ride in support of the care and fabric of Suffolk's Churches with half raised locally for St Mary's. Suffolk has the finest medieval churches in the Country and upkeep is vital. Please support by cycling, stewarding or sponsoring. Details from Marilyn Turner (Churchwarden) on 411011.

MESSY CHURCH

The Children's programme for September opens on 1 September, 9.30am-12.30pm at All Saints, Hollesley. Stories, crafts, games and snacks in the break – ALL FREE. Enquiries to Di Barnard on 411079. New children from 4-12 years welcome to come along and join in the fun.

GREAT NEWS - NEW NURSERY CLASS AT BAWDSEY SCHOOL!

From September 2015, Bawdsey School will be offering up to 30 hours nursery provision per week, during term time, for children aged 3 and over. All children are entitled to 15 hours of free nursery education from the term after their third birthday; this free allowance can be used in the new Bawdsey Nursery Class ... and there will be no fees payable for any additional hours!

More good news is that you don't have to wait until the term after your child is three; the nursery class at Bawdsey School will accept children as soon as they reach their third birthday! The 30 hours will be arranged as 10 x 3 hour sessions i.e. 5 x morning sessions and 5 x afternoon sessions per week and the number of sessions that you book is entirely up to you. All we ask is that you give us an indication of your requirements at the beginning of the term, or sooner if known. The afternoon sessions will include an hour for lunch (either a packed lunch or school dinner). Please email ad.bawdsey.p@talk21.com if you are interested in applying for a place. Alternatively, call in to Bawdsey School on Wednesday 2 September when there is a staff training day; Mr.Duncan or Mrs. Feakes will be happy to talk to you. (Children return to school on Thursday 3 September)

BAWDSEY HAVEN YACHT CLUB – COACH TRIP TO ROMNEY HYTHE & DYMCHURCH RAILWAY, DUNGENESS OLD LIGHTHOUSE AND RYE, KENT

Saturday 3 October 2015 – Ride on the famous RH&DR 15" gauge 1/3 full size railway from Hythe to Dungeness, then visit the Old Lighthouse before visiting Rye, finishing with a fish and chip supper. Cost including coach, railway, Dungeness Old Lighthouse and fish and chips £45.00 per person, children half price, payable to Bawdsey Haven Yacht Club. Coach pick-ups in Alderton (8.00am)/Hollesley (8.10am)/Melton (8.20am). Contact Nick Rose, 01394 410258, 07799236131, nicholas.rose@uwclub.net. All welcome.

HOLLESLEY COMMUNITY CAFE

Everyone who visited Hollesley Community Café over the last two years is extremely grateful to Bev Lambert for organising it and wish her every success in her future projects. Some of us would like to see the café resume this autumn and continue to support local charities. This will depend on YOU! Whilst I am willing to organise and cook, we will need volunteers to make cakes, set up tables, wash up and serve the food and drinks. Please phone or email me by 10 September with offers of help. The first café would be towards the end of October – but only if there is sufficient support.

Ruth Hatchett 412052 ruth.hatchett@yahoo.co.uk

SOAMES SHOPPING TRIPS

Wednesday 21 October trip to Cambridge. Depart Woodbridge Pool at 9.00am, arriving at 11.00am. Depart Cambridge at 4.00pm arriving back at 5.30pm. £10.50 per person.

Wednesday 28 October trip to Norwich. Depart Woodbridge Pool at 9.00am, arriving at 11.00am. Depart Norwich 4.00pm arriving back at 5.30pm. £9.00 per person. Please book with Liz Mark, 22 Model Cottages, Tel 411426. Please pay when booking. Deadline for Cambridge 07.09.15, for Norwich 19.10.15.

SHOTTISHAM WI – SUFFOLK AIR AMBULANCE TALK

On Wednesday 9 September at 2.30pm, Peter Down will be talking about the work of the air ambulance team followed by tea and cake. Please come along to the Trust Hall – everybody welcome.

SORREL HORSE, SHOTTISHAM – MUSIC NIGHTS

Monday 14 September – Irish Folk night with the Gatehouse Lads – 8.30-11.00pm
Monday 28 September – Jazz night with the Kol Patterson Band – 8.30-10.30pm
Details from www.thesorrelhorse-shottisham.co.uk

ALL SAINTS CHURCH, SUTTON – FLOWER FESTIVAL “SHOWTIME”

Saturday 12 and Sunday 13 September, 10.00am-6.00pm
Showtime Praise on Sunday at 6.30pm
Light Refreshments available during the weekend

COULD YOU HELP SOMEONE IN AN EMERGENCY?

Then become a Community First Responder. As a CFR you will be sent by the ambulance service to attend emergency calls in your local area. While an ambulance is on its way, you will provide vital assistance, which could range from just monitoring and reassuring a patient to giving emergency life support. You need to be reasonably fit, aged between 18 and 70 and have the use of a car while you are on call. Previous experience is not required. The ambulance service runs an excellent three-day training course. If you want to know more, then contact Rod Webb, coordinator of the local CFR group, HABSS. Phone: 01394 410198 or email: mail@habss-cfr-group.org.uk

BAWDSEY HARVEST SUPPER

Two Course Meal with sherry and wine

6:30pm Saturday 10 October 2015

Tickets £10 for adults - £5 for under 12s

Please book with Lydia at 24 The Street or on 411779

UNIVERSITY CAMPUS SUFFOLK SURVEY ON CRIME & POLICING

Suffolk's Police and Crime Commissioner, Tim Passmore, is encouraging Suffolk residents to take part in a University Campus Suffolk (UCS) survey to help understand perceptions of crime, anti-social behaviour and local policing services in Suffolk. Your views are really important so we hope you will find 10 minutes to complete the survey and encourage others to do the same. A bit of background and a link to the survey are available at:-

<http://www.suffolk-pcc.gov.uk/news/pcc-supports-research-into-perceptions-of-crime>
The results of this survey will feed into a project currently underway to identify where cost savings can be made in light of government cuts to policing budgets.

The organisers of the Alderton Fete held on 8 August, would like to thank everybody who attended and worked on a very sunny day - £2,500 was raised.

ORFORD LIGHTHOUSE – A COMMUNITY CELEBRATION

Tickets are now available for a concert celebrating the iconic Orfordness Lighthouse. The concert, as well as a free exhibition in Orford Town Hall and a documentary film about the lighthouse, are part of Touching the Tide Project, managed by the Suffolk Coast & Heaths Area of Outstanding Natural Beauty. The concert on 19 September 2015, St Bartholomew's Church, Orford, is the finale to a three-year commemoration of Orfordness Lighthouse, which was decommissioned in 2013 by Trinity House.

Five works and arrangements will be heard for the first time, including a work inspired by Orfordness lighthouse from award-winning composer, Jeremy Thurlow; two 'sea interludes' by young composers; and arrangements by Jeremy Thurlow of three of Benjamin Britten's *Sea Interludes* from *Peter Grimes*.

Aldeburgh and Orford Primary Schools children will premiere a lighthouse song-cycle written by them. There will also be favourite works inspired by nature and the sea from Rameau, Skempton, Elgar and Birtwhistle; readings will include extracts from Patrick Barkham's *Coastlines*.

The free exhibition (11-13 September) will chart the history of the lighthouse, the people who worked in it and how the light saved lives. Alongside the museum's archives and artefacts will be works by Suffolk artists featuring the lighthouse. There will be an opportunity for children to make their own lighthouse nightlight. Refreshments will be available.

The exhibition includes a documentary by local film-maker Veronica Worrall. Filmed over three years, it covers history, geography and celebrations, with recollections from local residents and unique footage of lamps and lights inside the lighthouse before the decommissioning.

Concert Details - Orfordness Lighthouse – A Celebration in Words and Music
St Bartholomew's Church, Orford, IP12 2LN, Saturday 19 September, 7.00 pm
Tickets from Aldeburgh Music (www.aldeburghmusic.co.uk), £10

Exhibition Details - Orford Town Hall, Market Hill, Orford. Free entry. 11, 12, 13 September, 10.00am to 4.00pm every day. Documentary film to be shown during the exhibition.

CRAFT GROUP

Craft Group restarts on Tuesday 8 September at 7.30pm in the Village Hall. Admission charge per session has risen to £2.00 per person. New sewing machines have been purchased and the first session will concentrate on how to use them.

KNIT ONE, PURL ONE

I have been teaching the men in Warren Hill Prison, Hollesley to knit. The aim of the project is to teach the men to knit squares that will then be made into blankets and given to the homeless through the Robes Project. My problem is I need more yarn and I was wondering if Bulletin readers have any spare yarn they would be happy to donate? No amount too small as I am also teaching crochet (this I am having to learn and am just ahead of the men!). Many thanks.

Fanny Jacob – 07973 135993

MARY WARNER EDUCATIONAL FOUNDATION

This charity makes grants to students under the age of 25 who live in the area and who may be in need of financial assistance. The monies must be used for promoting education and can include awarding eligible students bursaries, maintenance allowances or grants tenable at any school/further education institute as well as for uniforms, clothing, tools, instruments or books to assist persons to pursue their education, a trade or service. The Trustees will make a fresh set of grants at their meeting in September. **APPLY NOW.** Application forms can be obtained from Cross Ram and Co Solicitors on 01728 724111 or email info@crossram.co.uk.

HELP PREVENT FALLS AND TRIPS

Don't underestimate the consequences of an older person having a fall. A fall can result in broken hips or bones and even early death. In addition to the pain and distress a fall can cause, it can take away someone's self-confidence, leaving them afraid to go out and socially isolated. The statistics on falls are staggering:

50% of people aged over 80 suffer a fall each year; 33% of people aged over 65 suffer a fall each year; 1 in 10 elderly falls result in serious injury; 25% of all 999 calls are falls related.

One way of reducing the chance of falling is by replacing old and worn slippers. Many people have a favourite pair of comfy slippers that could be potentially dangerous. Worn soles can easily lead to a slip and slippers that fit poorly can cause a trip. The safest slippers are those with good quality non-slip rubber soles, are enclosed and have a fastener. So, if you have a pair of old and worn slippers, please think about replacing them. And if you've got an elderly friend or relative think about giving them an early Christmas present of a new pair of slippers.

IT'S ALMOST TIME FOR A FLU VACCINATION

GPs are encouraging people in at-risk groups to start thinking about getting their winter flu jab. From September GP practices will be contacting patients in at-risk groups, informing them of their entitlement to a free NHS flu vaccination. For your convenience many GP practices will be operating walk-in flu clinics.

At risk-groups entitled to a free NHS flu vaccination from their GP are:

- Those aged 65 years or over.
- Those who are pregnant.
- Those who are living in a long-stay residential care home.
- Carers of an elderly or disabled person whose welfare may be at risk if you fall ill.
- Children aged 2, 3 or 4 years.
- Those aged six months to 65 years and have a heart problem; a chest complaint or breathing difficulties including bronchitis and emphysema; a kidney disease; lowered immunity due to disease or treatment (such as steroid medication or cancer treatment); a liver disease; had a stroke or TIA; diabetes; a neurological condition e.g. multiple sclerosis or cerebral palsy; a problem with, or removal of, their spleen e.g. sickle cell disease.

If you are someone in an at risk group, or know someone who is, please don't underestimate how serious flu can be. A serious case of flu could result in bronchitis or pneumonia, a worsening of your diabetes and for pregnant women premature labour or even stillbirth.

SHOTTISHAM WI TRUST HALL

Hall Improvements - The hall is being well used by our local community and the proceeds are being invested towards making improvements. The hall is 'listed' for both its historic role in the community and as an old, traditional building. Following advice and guidance from the local conservation officers the secondary double glazing has been installed and all the external doors have now been replaced. It is planned for the dormer windows and the outside paintwork to be done next.

Trust Hall Orchard - Thank you to the sponsors of the apple trees which will be planted this autumn/winter behind the hall. The WI are very grateful to Joe Buswell, Mo Malster and Ivan Clark for their ongoing work with the maintenance of the grounds and preparation for the orchard.

Shottisham WI - Meet at the Trust Hall at 2.00pm on the second Wednesday of the month. Anyone interested in becoming a member please contact Terrie on 410134.

Craft Group - Meet at the Trust Hall at 7.00pm on the third Tuesday of the month, cost £2.00 including tea/coffee and biscuits. Everybody welcome. Contact Cathy Newman 411449. All proceeds go towards hall improvements.

Trust Hall hire please contact Terrie on 410134.

SEX CELLS

What is Mr Causeway's secret desire? Who was Tiffany with last night? Why is Janice always tired? Who's baby is Sylvie having? And what does Lily need to sort from her past?

Set in the busy call centre of a sex toy manufacturer, SEX CELLS is the new bitter sweet comedy from the people who brought you Calendar Girls. So if you don't know your Teasey Maids from your Venus Guy Trap, make a date to join us on the 17/18/19 September, 7.30pm nightly at Hollesley Village Hall and at the same time help support The Sunrise Appeal at Ipswich Hospital. Tickets from www.ticketsource.co.uk/peninsulaproductions or 07860 858833 or on the door. Look forward to seeing you there.

TAPAS NIGHT AT ALL SAINTS, HOLLESLEY

On Friday 18 September it's SPANISH Tapas night at All Saints Hollesley, bookings from 7.00pm. Please ring Gill and Ray on 01394 410057 to book your table.

The French Bistro evening and the Italian Chatteria were very enjoyable so why not come and enjoy the Tapas evening? Looking forward to seeing you there.

THE BIG COFFEE MORNING IN AID OF MACMILLAN CANCER NURSES

Amber will be hosting a 'Big Coffee Morning' at Rose Cottage (next to the Tin House), East Lane on the Saturday 25 September 2015.

Please see posters locally for exact time and further details.

