

## What's on ~ April 2017

- 01/04** Lent Lunch – Noon, Shottisham Church  
**01/04** St Mary's Spring Bazaar – 2.00-4.00pm, the Hall  
**04/04** Chair Based Exercise Class – 11.00am, the Hall (also 11/04, 18/04, 25/04)  
**04/04** Craft Group – Fabric Twine, 7.30pm, the Hall  
**06/04** Coffee & Chat with Bring-&-Buy – 10.30am, 1 Eastfields  
**06/04** Annual Church Meeting – 7.00pm, the Hall  
**07/04** Quiz Night with Fish & Chips – Must pre-book 411793, Sutton Memorial Hall  
**08/04** Community Café – Last of the season, 9.30am-Noon, Hollesley Village Hall  
**08/04** Lent Lunch – Noon, Boyton Village Hall  
**08/04** Bawdsey Market – 2.00-4.00pm, the Hall  
**10/04** Police Mobile Unit – 2.00-3.30pm, In lay-by near the Hall  
**11/04** Craft Group – Easter Flowers (pre-book), 7.30pm, the Hall  
**13/04** Sutton Ladies Group – "A Military Life" by Jamie Lowther-Pinkerton, 7.30pm, Sutton Memorial Hall  
**14/04** Easter Egg Hunt – 10.00am at Hall/Rec, 10.15am Hot Cross Buns, the Hall  
**15/04** Easter Tea Party – Sutton Bowls Club, 2.00pm, in aid of Flower Festival  
**20/04** Jazz Society – 7.30pm, the Hall  
**24/04** Village Hall & Rec AGM (Committee Meeting follows) 7.30pm, the Hall  
**25/04** Craft Group – Journal Covers, 7.30pm, the Hall  
**26/04** Annual Parish Council Meeting – 7.00pm, the Hall  
**26/04** Hollesley Gardening Club – Fuchsias, 7.30pm, Bowls Pavilion  
**28/04** Knit & Natter – 2.00-4.00pm, The Anchorage, Bromeswell  
**29/04** WI Plant & Cake Sale – 10.30am-Noon, Shottisham Trust Hall  
 "The Hall" – Village Hall, Bawdsey  
**Deben Ferry** 10.00am-5.00pm weekends from 15 April (plus Good Fri/Easter Mon)  
**Coffee Republic** Warren Hill Weekdays 8.00am-4.00pm/Weekends 8.00am-3.00pm  
**Poppies Sutton Heath** Wed & Fri, 9.00am-1.00pm, Thrift Shop closed  
**Boathouse Café** Friday-Monday, 11.00am-5.00pm  
**Suffolk Punch Trust Café** Friday-Monday 10.30am-4.30pm  
**Mobile Grocer** Every Thurs, 12.15pm-12.45pm, the Village Hall  
**Woodbridge & District Safer Neighbourhood Team** Tel: 01473 613500, email: woodbridge.snt@suffolk.pnn.police.uk. Dial 101 when less urgent than 999.

### APRIL CHURCH SERVICES

	Alderton	Bawdsey	Ramsholt
2	8.00am Holy Communion		
9	8.00am Holy Communion	11.00am Holy Communion	11.00am Matins
16	5.30am Shingle Street, Sunrise Service		
	8.00am Holy Communion	11.00am Family Communion	11.00am Matins
23	8.00am Holy Communion	11.00am Morning Praise	11.00am Holy Communion

Also Morning Prayer - Mondays 9.00am Alderton/Wednesdays 9.30am Bawdsey  
 For weddings, baptisms, visits, activities, or to tell us something – contact Rev Ruth Hatchett (01394 412052)

*If you'd like your Bulletin emailed to you or if you have any future items please email [louiselennard127@btinternet.com](mailto:louiselennard127@btinternet.com).*

## Bawdsey Bulletin

April 2017

No. 186

### A MESSAGE FROM PGL, NEW OWNERS OF BAWDSEY MANOR

We are delighted to add such a beautiful and historic building as Bawdsey Manor to our portfolio. We were very pleased to meet some of our nearest neighbours this week and we look forward to being part of the community.

We plan, as at other PGL centres, to operate a residential outdoor education centre for schools and to operate summer camps and EFL programmes in the school holidays. There is a lot more information about what we do on our website [www.pgl.co.uk](http://www.pgl.co.uk).

Several of our senior staff have made an initial visit to the centre recently so that we can start to make decisions over the next few weeks.

We will welcome guests this year from June – September and then we plan to close over the winter to refurbish the interior of the accommodation blocks and carry out other work. Once we are clear what this involves, we will share our plans, but at this stage there is still a lot to be decided whilst we familiarise ourselves with the property.

We intend to create about 100 jobs - including management, maintenance, grounds work, cooks, housekeepers and activity instructors.

### ANNUAL PARISH MEETING

You are cordially invited to the Annual Parish Meeting on Wednesday 26 April at 7.00pm in the Village Hall.

This is an opportunity for parishioners to ask questions about village issues which affect them, to review the past year's Council activities and to consider the coming year's programme. This will include proposals for limited development of the Amenity Site and the effect of the purchase of Bawdsey Manor Estate by PGL. Hear also about a proposal for a decorative village sign and an initiative for documenting Bawdsey's heritage buildings. Your views on all these issues will be very much welcomed. Tea and coffee will be served.

Brian Johnson, Chairman, Bawdsey Parish Council

### SPRING BAZAAR - 1 APRIL - 2.00PM - VILLAGE HALL

Raffle ~ Cakes ~ Books ~ Fancy Goods ~ Bric-a-Brac ~ Toys ~ Refreshments

All in aid of Bawdsey Church Funds

### EASTER EGG HUNT

The Easter Egg Hunt will be held on Good Friday, 14 April. This is open to all children of primary school age and younger. Aged 5 and under behind the Village Hall and aged 6 and older to the Recreation Ground. The hunt starts at 10.00am and then to the Village Hall for Hot Cross Buns at 10.15am. If you'd like to donate small Easter Eggs please give them to Brenda. Thank you.

## ST MARY'S CHURCH NOTES

**Services – Palm Sunday** 9 April, 11.00am Holy Communion led by the Revd Michael Hatchett. **Maundy Thursday** 13 April, 6.30pm at All Saints, Hollesley Maundy meal and (optional) Prayer Watch. **Good Friday** 14 April, 12.45pm Prayer Walk from Sutton Church to Shottisham Church by heath tracks. Then 2.00pm Shottisham Church Reflections led by Revd Michael Hatchett. **Easter Sunday** 16 April, 5.30am Shingle Street Sunrise Service led by Revd Ruth. **Bawdsey Easter Service** led by Revd Judith Andrews, Holy Communion at 11.00am. **St George's Day Service** 11.00am, 23 April Morning Praise led by Reader Lydia Calvesbert.

**Lent Lunches Continue** Saturday 1 April at Shottisham Church at Noon. Saturday 8 April at Boyton Village Hall at Noon. Provision of a hot soup and roll for a donation in aid of Suffolk Refugee Support, Ipswich where Syrian families have been allocated accommodation.

**A Course for the Christian Journey** - The last sessions of the five week course ends at the locations of St Felix, Rendlesham and Sutton Heath Prayer and Community Room on Tuesday/Wednesday 4 and 5 April where discussions for Lent based on the Holy Communion will be concluded.

**Annual Church Meeting** - St Mary's APCM will be held at the Village Hall at 7.00pm on Thursday 6 April when the events of the past year will be reviewed and Church Wardens and member of the Parochial Church Council will be elected for a further term. Anyone on the Electoral Roll is open to put themselves forward for nomination. If you have an interest in the presence of the Church in the Village being maintained, feel welcome to contact either the Church Wardens or Secretary whose details appear on the Church notice board in the porch.

**Messy Church** EVNUs annual Easter Hollesley Holiday Club is on the 3/4/5 April, 10.00am-12.30pm at All Saints, Hollesley. Book now. Bring your friends. It's all free. Details at [info@evnu.co.uk](mailto:info@evnu.co.uk) or call 07717 497383 or 01394 460030.

**From the Church Registers – Funerals** – 14 December Rita Money, All Saints, Sutton; 4 January Roger Leggett, All Saints, Hollesley; 6 January Muriel Harvey, Seven Hills Crematorium; 20 February Bernard Wilkinson, Seven Hills Crematorium; 24 February Douglas Branch, Seven Hills Crematorium; 9 March Pamela Ratcliffe, St Mary's, Bawdsey; 14 March Bernard Bloomfield, Seven Hills Crematorium; 24 March Pam Fiddes, Seven Hills Crematorium.

Enquiries about Christenings/Baptism, Confirmation, Weddings and Blessings are always welcome and are without obligation. Please contact Revd Ruth or a member of the ministry team (Lay Reader or Elder) for further details.

### AN APRIL CONCERT

On Sunday 23 April at 2.30pm the very accomplished Suffolk Strings Orchestra with Wendy Brown, Leader, and conducted by Geoff Lavery will hold a concert in All Saints' Church, Hollesley. The programme will include works by Telemann, Peter Bumstead and Grieg.

Admission is **free**. There will be tea and cakes after the performance and a retiring collection in aid of the work of All Saints.

Easter Afternoon Tea ~ Saturday 15 April ~ 2.00pm-4.00pm  
In Sutton Bowls Pavilion ~ In aid of flower festival fund

## CHAIR-BASED EXERCISE COMMUNITY SESSIONS

Primarily aimed at the over 50 age group, chair-based exercises can help strengthen the muscles used in everyday activities for men and women of any age, who feel they have become less active and able to perform basic tasks of daily living such as walking, lifting shopping, gardening, walking the dog, etc.

Learning how to perform these gentle exercises will assist with your mobility, flexibility and so help prevent falls.

Sessions will commence on Tuesday 4 April for six weekly sessions at Bawdsey Village Hall from 11.00am to 12.00pm, followed by refreshments. Why not try these safe exercises in a fun, friendly, non-threatening environment?

For more details contact Jane on 01394 410208 or come along to the first session on Tuesday 4 April for a taster session. Please wear comfortable, loose clothing including flat shoes.

Funding for the sessions is being provided by Community Enabling Money.

## SORREL HORSE, SHOTTISHAM – MUSIC NIGHTS, 8.30pm

Monday 10 April – Alderton's Own Ross Burkitt Family

See [www.thesorrelhorse-shottisham.co.uk](http://www.thesorrelhorse-shottisham.co.uk), flyers in the pub, Woodbridge Library

## THANK YOU

For supporting the Jumble Sale in February. This raised £315 which was shared between the Village Hall and Recreation Ground and the Church.

## BAWDSEY FETE & FUN DOG SHOW

**Bank Holiday Monday 29 May, 2.00pm**

It's that time of year again and we need your help. We need bottles of drink for the Draw and Tombola, and anything else which may make a nice prize for either. We need lots of cakes to sell, so please get baking. Also produce, plants, toys, bric-a-brac, clothes, books and anything else you think we can sell or give as prizes. Can you help on a stall, help set up or clear up? We will be setting up the tent frames as usual at 6.00pm on Sunday 28 May, and the rest of the preparations on the morning of the fete from 9.30am. Please contact Rawdon at The Coach House on 411459.

Bawdsey Village Hall & Recreation Ground Committee

## BETTER BROADBAND FOR SUFFOLK

A reminder to keep an eye on <http://www.betterbroadbandsuffolk.com> for the latest news on local broadband activity led by Suffolk County Council. This includes information about:

- When better broadband will be available in your area
- Options for people with current broadband speeds of less than 2mbps
- Consultation on reinvesting to further extend coverage

## BAWDSEY MARKET

The next market will be on 8 April, 2.00pm in the Village Hall. This is earlier than usual because of Easter. Hope to see you there.

### **PENINSULA 2018 POPPY PROJECT**

The idea of the Peninsula 2018 Poppy Project is to create a community wide set of arts projects responding to the end of WW1 and culminating in a series of events, including an exhibition of artwork at the Suffolk Punch Trust in November 2018. It is envisaged that the artwork for the exhibition will be of a mixture of mediums and could include painting, sculpture, drawing, photography, mixed media, textiles, poetry, ceramics, stories and even gardening. Other events are being planned and suggestions for these will be very welcome.

We hope that all parts of our community will take part in this project, including schools, local businesses, community groups, the military, prisons, churches, parish councils and individuals who live and/or work on the Peninsula. All the proceeds will go to charity, the main ones being The Royal British Legion and The Suffolk Punch Trust.

To start to bring concepts and ideas together, and possibly to get involved, we would like to invite you to attend a launch meeting at Hollesley Village Hall on Saturday 29 April 2017, 10.30am until 11.30am. We know there are some very creative people on the Peninsula and we would like **ALL** to be involved; all ideas will be explored.

Should you require further information before 29 April please contact us at [fmj@peninsula2018.org](mailto:fmj@peninsula2018.org)

Fanny Jacob, Project Creative Lead, Peninsula 2018 Poppy Project

### **OPEN THE BAG AND LOOK INSIDE**

A new campaign launched by the NHS is encouraging people who get prescription medicines to "Open the Bag" at the pharmacy counter or in front of the delivery driver and hand back anything they don't need. The average prescription cost overall is quoted at £41.25, which takes into account some very expensive medicines of course but it certainly makes you think. It is estimated that the cost of wasted medicine annually is £2.1 million in east Suffolk alone, of which £780,000 is returned to pharmacies but cannot be re-used. Safe disposal also costs tens of thousands of pounds. What an absolutely appalling waste!

Did you know that once you've taken prescription medicine away from the pharmacy or from the delivery driver it cannot be used by anyone else, even if the packet is unopened. If it is handed back straight away before leaving the premises it can be dispensed again by the pharmacist. As well as opening the bag, there are other actions you can take to help save money. Do not tick the boxes on your repeat prescription form for any medicines you don't need and don't be afraid to say that you've stopped taking your repeat medicine. With the NHS facing continued financial pressures these small steps could make a really big difference and ensure that this money can be better spent on patient care rather than being wasted.

The Peninsula Practice surgery holds a variety of over-the-counter medications for many common ailments. If you are feeling under the weather there is no need to go all the way into town. If you do need a repeat prescription, please use the drop-in boxes at the surgeries or the online service rather than telephoning – this reduces errors and is safer for patients. Do remember however, that prescriptions are collected from Hollesley only on Mondays and Thursdays.

Patient Participation Group

### **WATER INSTALLATION AT BAWDSEY AMENITY SITE**

You may have noticed work which started recently along Ferry Road. This is for the installation of a new water main to serve the Amenity Site and is scheduled to take eight weeks. Please take care when driving towards Bawdsey Quay.

### **DIABETES CARE IN SUFFOLK – DO YOU KNOW YOUR FOOT HEALTH RISK?**

Healthwatch Suffolk is putting feet in focus with the launch of its latest research report. It has worked closely with a leading clinician to explore the views of local patients about their experiences of accessing diabetic foot care in the county.

Figures from Diabetes UK indicate that over 100 diabetes-related foot amputations occur every week in England. Patients with diabetes should receive an annual foot examination to determine whether their foot sensation is intact and their blood supply to the feet is good but this does not always happen.

Key findings: 32% of the respondents stated that they were not told about their risk of developing a diabetic foot problem in the future during their last appointment. 43% of respondents were not told what they should do if a new foot problem had developed. 28% of respondents said they were not given advice about how to look after their feet.

Three things that people said could be improved about their care:

- Ensuring people are informed about the importance of maintaining foot health and their risk of developing complications.
- Improving the availability of information regarding foot health.
- Offer more regular foot health checks.

An early outcome from the project will see patients across the East of England receiving a new information card following their annual health check. The passport, which will be roughly the size of a bank card, will be carried by patients at all times and include information about what to look for in terms of their foot health and who they should contact if they have concerns.

For more information about this work and how you can make a difference to local NHS and social care services in the county, visit [www.healthwatchsuffolk.co.uk](http://www.healthwatchsuffolk.co.uk), call 01449 703949 or email [info@healthwatchsuffolk.co.uk](mailto:info@healthwatchsuffolk.co.uk).

### **ZUMBA**

A NEW Zumba class has started at Hollesley Village Hall on Thursdays from 10.00-11.00am. Cost per session is £5.00. Find out more about Julie and the classes at [www.lemonfizzdance.co.uk](http://www.lemonfizzdance.co.uk).

### **SHOTTISHAM WI**



**Plant & Cake Sale Saturday 29 April, 10.30am-12.00pm**

Plants and Cakes, Tombola, Raffle, Bric-a-Brac, Refreshments. Proceeds go towards the Hall's annual insurance and maintenance. All donations of plants or cakes will be very gratefully received; please bring to the hall in advance or contact Jayne Backhouse, 411169.

**Meeting 12 April, 2.00pm**

Speaker – Andy Rankin on The Management of Deben Farms. Visitors very welcome. Enquiries to Jayne Backhouse, 411169.

## **WILD VILLAGES – A Year of Wildlife in Bawdsey/Alderton/Hollesley/Boyton**

The first of the summer migrant birds have started to arrive, bees are buzzing and plants and trees are coming back to life. Now is a marvellous time to get out and enjoy the natural world, and there are few places better than our coastal parishes!

Joining a Wild Villages activity is a good way to do that. For details of events, suggestions of what to look for, things to do and places to go see <http://www.groundwork.org.uk/wild-villages>. **NOTE** The planned morning walk on 9 April, to look for birds at East Lane, has had to be cancelled. That means the first event is a talk by Jeremy Mynott about the wildlife survey undertaken at Shingle Street, in Boyton Village Hall on 19 April at 7.00pm. The first outdoor events are both organised jointly with the RSPB; a walk at Hollesley Marshes on 23 April, meeting in the car park at 9.30am; and a walk at Boyton Marches on 20 May, meeting at Banter's Barn at 9.00am.

Contact Gary Lowe, Groundwork Community Project Officer (Tel: 07736 132871, Email: [gary.lowe@groundwork.org.uk](mailto:gary.lowe@groundwork.org.uk); or Twitter at @gwksuffolk #wildvillages.)

### **POLICE CONNECT**

Police Connect is a FREE messaging service connecting you to the very latest policing news for your area via e-mail, text or phone. You can register to receive information about the issues that most matter to you and be among the first to be alerted by police in the case of an emergency affecting your area. You can choose to receive regular updates on crime and public appeals, safety advice and meetings and events. There is the option to receive information about a range of specific interest areas – such as 'rural' or 'rivers and coastal' – as well as updates for business owners and news from your Police and Crime Commissioner. The choice is yours. <http://www.suffolk.police.uk/aboutus/ourservices/policeconnect.aspx>

## **VILLAGE HALL AND RECREATION GROUND ANNUAL GENERAL MEETING**

Monday 24 April at 7.30pm in the Hall. Open to everyone. Would being a Secretary for the Committee interest you? Come and see what's involved.

### **IKEA**

Thursday 18 May, £12 per person. One coach leaves the Village Hall at 8.30am and picks up in Alderton, Sutton and Melton. Another coach leaves Woodbridge Swimming Pool at 8.30am. Book with Sue 411758 or Jenny 411813. The November trip will take place on Thursday 9 November.

### **COFFEE & CHAT**

We are very grateful to Brenda and Theo who have again hosted us during the winter months. This month will be the last at her Eastfields home. Due to County Council Elections on Thursday 4 May, the next session will be Thursday 11 May.

### **EASTER LILIES**

Margaret Daldry has again volunteered to order and arrange the Easter Lilies on the window sill behind the altar. Those who would like to buy a lily at £10 in memory of a loved one please give money in an envelope with your name on it to Liz Mark, 22 Model Cottages (411426) by 7 April.

## **BAWDSEY SCHOOL NEWS – SPRING TERM**

We've had a very busy term! KS2 pupils performed at Snape Maltings with a medley of songs, brass instruments and dance that represented Bawdsey School. We are proud to have received the Gold sports award for the second year. We aim to keep up the sporting fixtures and training so we can be one of the few schools achieving a platinum award! To help towards this, pupils have taken part in a small schools' Basketball tournament, we were the smallest there but came 3rd! Also a massive swimming Gala with all the schools in the Woodbridge area and came 5th. Against the same schools we competed in a cross country competition and Freya (year 6) came 7th, Ayla (year 4) came 9th. Next week we have a bigger cross country event at the Royal Hospital School. Thanks to Mrs Rankin for organising, to Mr Duncan for continuing to help and our supportive parents!

We work closely with the other Peninsula schools thus providing more opportunities for the children: year 3 pupils saw the play 'Alfie Strange' and learnt about different times in history. We had a Shakespeare workshop for all the pupils to act out parts of 'A Midsummer Night's Dream.' Talented Bawdsey linguists invited all year 6 pupils from the three schools to a French workshop. Our Nursery/Class 1, along with Hollesley and Sandlings School had some surprise visitors - aliens! The children will be staging a display in Woodbridge library about these experiences.

The Bawdsey School Association held a free disco and are subsidising a trip for the Early years/ KS1 class to the Great Yarmouth Sea Life Centre. They supply fruit for all pupils and books too. They have organised Easter bonnets, cards and gardens for a competition in school and KS2 are looking forward to their subsidised trip to Harry Potter World next term! We are lucky to have their support.

Older pupils watched the filming at East Lane of 'Widow's Walk', by the director Dan Milne and learnt about filming and talked to Jamie, the 12 year old actor. The year 6 pupils also went to Science week at BT, Adastral Park.

Our efforts have been in the EADT including World Book Day, pupils' comments to their Mummies for Mother's Day, our pancake day race, our Gold sport's award and Martha (year 6) won the East of England regional final of the British Gas' Generation Green competition. Her energy saving comic strip won her a toy and an ipad mini and the school a tablet to use! Mother's Day saw over 20 mothers join us for a roast dinner. Next week year 3 and 4 visit the annual science fair. Our Friday baby and toddler group (1.30pm) is growing in numbers - all children from birth to school age welcome. Our seniors' roast lunch the second Thursday of each month is also very popular and open to everyone on the Peninsula who is retired. It's been a wonderful term - and they have been learning too!

### **JILL & JACKIE MERCER**

At the end of February Jill and Jackie left Bawdsey to live in Woodbridge. The family moved to Bawdsey 40 years ago and renovated the old Wesleyan Chapel. They loved a daily swim and to play tennis and eventually retired to Bawdsey. Jill became a Parish Councillor, especially interested in planning matters. Jackie joined Alderton Parish Council. They also manned the book stall at the fete and Church spring bazaar. Jackie is a very talented crafts person and so enjoyed attending Craft Group. They also delivered the Bulletins for which we are very grateful. We wish them both a happy life in Woodbridge.

